



FOR THE PREVENTION OF ALCOHOL  
AND SUBSTANCE ABUSE

# Did You Know?

February 2015

Each January the National Institute on Drug Abuse (NIDA) celebrates National Drug Facts Week. This observance for teens is devoted to *shattering the myths* about drugs. This year National Drug Facts Week was celebrated during the week of January 26 through February 1. The Erie County Council for the Prevention of Alcohol and Substance Abuse (ECCPASA) helped NIDA celebrate. ECCPASA's prevention educators used this week to engage students by asking them to write down a question they have about alcohol or other drugs. Students at two Buffalo Public Schools, grades four through eight, participated in the activities. We were impressed by the very thoughtful questions asked by students! ECCPASA's prevention educators took a class period to answer their great questions and to *shatter the myths* for young people. See below some of the student's awesome questions and our prevention educators' responses. Also below are some photos from the events.

Q: Why do people take drugs if they know they are bad?

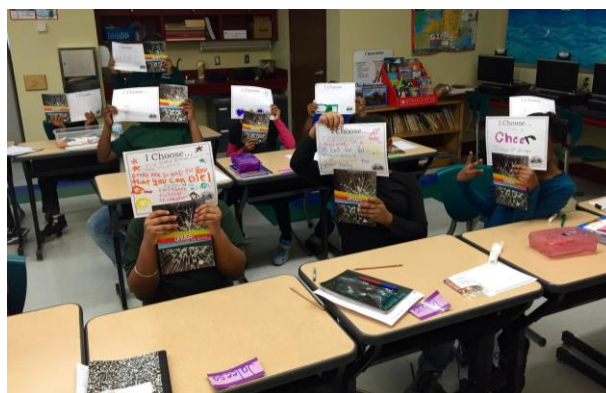
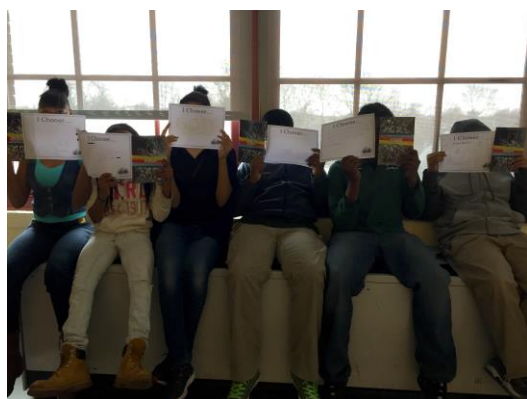
A: People take drugs for a lot of different reasons including: to fit in, escape or relax, to seem grown up, boredom, to rebel, or to experiment.

Q: What do drugs do to us?

A: Different drugs do different things to the body, but all drugs change the way our bodies work. Many drugs affect our brain, heart, and other important parts of the body.

Q: Can drugs kill you?

A: Yes, unfortunately many drugs can cause death. Some drugs can kill a person the first time they ever use. This is called overdose. Other times, if a drug is used for a long time, such as cigarettes, a person can get a disease like cancer and die from that.



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The Erie County Council for the Prevention of Alcohol and Substance Abuse, Inc., publishes Did You Know, a regular update about alcohol & other drugs - - America's #1 public health problem. ECCPASA • 1625 Hertel Ave., Buffalo, NY 14216 • 716-831-2298 • [www.eccpasa.org](http://www.eccpasa.org)