Red Ribbon Week

ECCPASA celebrated Red Ribbon Week throughout Erie County this year, participating in events at both North Park Academy in North Buffalo and at Williamsville Central School District’s Dodge Elementary. The Red Ribbon Week campaign began October 23rd and continued through October 31st. This year’s theme was *A Healthy Me is Drug Free!*

Staff members Erica J. Boyce and Thomas Wheeler of ECCPASA spoke with the fifth and sixth graders at North Park Academy about common drug myths vs. facts and ways to stay healthy and drug-free! In addition, ECCPASA staff members Andrea J. Wanat, Mark Fenz, and Megan Kunecki visited Dodge Elementary and taught students in kindergarten through fourth grade several important messages to keep them safe and healthy during Red Ribbon Week and throughout the entire year.

As a special treat from the Dodge PTA’s Health and Safety Committee, all Dodge Elementary students received an apple for a healthy snack as well as a small gift to take home with them to remind them daily to make good decisions and to keep their bodies and minds healthy!
Letter from the Executive Director
Andrea J. Wanat, MA, CPP

Once again the end of the year brings busy schedules for all! As we are hard at work delivering programming, supporting families, and providing referrals, we are also working locally on some exciting projects. WNED and Blue Cross Blue Shield of WNY has partnered with the local treatment and prevention agencies to bring forth awareness of the local prescription drug abuse epidemic. If you haven’t seen the billboards and WNED produced 30-minute segment, please visit www.painkillerskill.org. You will be touched by stories of local families who have been affected by the disease of addiction. Board member and public policy chair, Dr. Robert Whitney, also spoke at a local prescription drug forum held on Buffalo’s West Side in late October. The Forum was an event sponsored by the West Side Youth Development Coalition and included the following speakers; David Budz, FBI Special Agent, United States Attorney William J. Hochul, Jr., Michelle Spahn, Drug Enforcement Administration (DEA) Resident in Charge, and other local experts.

I would also like to say a special “thank you” to all who were able to attend our Annual Meeting in October. We enjoyed another wonderful event! Our keynote speaker Dr. Julie Dostal was uplifting, funny, and inspirational. We enjoyed good company and honored those in the field of prevention; including longtime board member David Norman, The Counterdrug Task Force, and Luke Moretti from WIVB Channel 4.

As we head into a new year, we are looking forward to working on existing projects and creating new partnerships. We hope you have a happy and healthy holiday season and hope to see you at one of our upcoming Community Education Trainings!

Andrea

Resources and Contacts:

Adult Children of Alcoholics - c/o ECCPASA 716.831.2298
Al-Anon & Alateen  -  716.856.2520 www.aiswny.org
Alcoholics Anonymous  -  716.853.0388 www.aa.org
Crisis Services  -  716.834.3131 www.crisisservices.org Kids Helpline  -  716.834.1144
Erie County Sheriff’s Office Underage Drinking Hotline  -  1.800.851.1932
Gamblers Anonymous & Gam-Anon  -  716.879.0555 www.gamblersanonymous.org
Nar-Anon  -  716.875.0548 www.nar-anon.org
Narcotics Anonymous  -  716.878.2316 www.na.org
National Association for Children of Alcoholics  -  www.nacoa.org
NYS OASAS Help Line  -  877.846.7369 www.oasas.state.ny.us
Save Our Selves  -  Non-religious support for twelve-step recovery www.cfiwest.org/sos/index.htm
Western New York 211 Health and Human Services  -  211 www.211wny.org

BOARD OF DIRECTORS 2012

President  Carol Nowak, Ph.D
Vice President  David Norman
Treasurer  John Priebe
Secretary  Douglas Shiring

BOARD MEMBERS

Anna Cieri, Ph.D
Andrew J. Freedman, Esq.
Sheila Gibbs
Mike Helman
Susan Lisker
Robert B. Whitney, M.D.
Allen Yasgur
Honorary Board Members
Judge Mark G. Farrell
Roger L. Ross, Esq.

ECCPASA ADMINISTRATION

Executive Director  Andrea J. Wanat
Office Manager  Darlene Zwikfa
Administrative Assistant  Shirley Liddle

ECCPASA PROGRAM STAFF

Director of Programs  Robin Mann
An Apple A Day  Megan Kunecki
Fetal Alcohol & Drug Effects  Erica Boyce
Helen Weinstein
Focus on Consequences  Erica Boyce
Janice Burns
James Frank
Megan Kunecki
Thomas Wheeler
Sally Yageric

Programs for Parents
Sally Yageric
Public Education and Advocacy
Erica Boyce
Megan Kunecki
Skills For Tomorrow
Mark Fenz

Strengthening Families
Janice Burns
Mary Carroll

Student Assistance Prevention Counseling
James Frank
Ann Rossetti
Thomas Wheeler

LOCATION

1625 Hertel Avenue
Buffalo, NY 14216
716.831.2298
FAX 716.831.9580
www.eccpasa.org
eccpasa@eccpasa.org
Winter Community Education Offerings 2013
Registration begins at 8:30 am. Classes begin promptly at 9:00 am.
All classes are held at the Harlem Road Community Center
4255 Harlem Rd. ~ Amherst ~ NY ~ 14226
9:00 AM - 12:00 PM
• CASAC/CPP/CPS credits available
• Light breakfast served

January 29th, 2014 – Overview of Behavioral Addictions
By: Sally Yageric, CPP, ECCPASA and Megan Kunecki, B.S., ECCPASA
Class cost: $15
There are many diagnosable addictions. Some addictions are chemical and others are behavioral. During this training, you will learn about the different types of behavioral addictions, many of which are becoming increasingly popular. The behavioral addictions discussed during this training will include: gambling, shopping, Internet, video gaming, cell phones, work and exercise.

March 26th, 2014 – Opioid Dependency During Pregnancy
By: Dr. Davina Moss-King, Canisius College
Class cost: $20
Training description to come…Please check back in January 2014!

To Register Contact: Shirley Liddle
ECCPASA
(716) 831-2298
Shirley@eccpasa.org
Or visit us online at www.eccpasa.org

Prepare to be RAD AGAIN!

Color Me Rad is back for 2014!
June 21, 2014

ECCPASA is happy that we will once-again be a sponsored charity by Color Me Rad Buffalo!
Annual Meeting

ECCPASA's Annual Meeting was once again held at Templeton Landing on Buffalo's beautiful waterfront. This year we celebrated our 65th anniversary! To celebrate, Templeton Landing served our guests a delicious lunch and prepared an ice cream sundae bar for dessert! There were many of our friends, colleagues and supporters sharing this special time with us!

As per Annual Meeting tradition, ECCPASA gave out awards to those who have made a difference in the prevention field throughout the year. Our Community Partnership Award was received by the National Guard’s Counterdrug Task Force for their support to professionals, community groups, coalitions, and law enforcement agencies throughout Western New York to help fight the spread of illicit drugs. Our second award, the Board Recognition and Service Award, was given to Mr. David Norman who has served on the Council’s Board as a board member and vice president for over twenty years! He was recognized for his continued dedication to the agency mission, his unwavering support of our programming efforts, and the vast leadership skills and expertise he brings to the Council. Mr. Luke Moretti of WIVB News Channel 4 was granted the William C. MacVicar Award for his passion and commitment to preventing substance abuse within our community through the media. Mr. Moretti has volunteered his time to emcee our community events throughout the year, specifically Town Hall Meetings on Grand Island.

Our speaker this year was Dr. Julie Dostal, President of the Council on Addictions of NY State and current Executive Director of LEAF Council on Alcoholism and Addictions. She was a wonderful and dynamic speaker. Her presentation on: “Who Stole My Brakes? An Overview of Addiction” was intriguing and her sense of humor kept the audience laughing and engaged the entire time!

We would like to once-again thank all our friends and supporters for another successful year! We would specifically like to thank Dr. Dostal for traveling from Cooperstown to be our speaker, Mr. Luke Moretti and the Channel 4 news team, and Senator Timothy Kennedy and his representative John A. Mackowiak. Thank you all for your dedication and continued support of the Council! See you next year!
BlueCross BlueShield of Western New York and WNED has partnered to bring awareness to Western New York surrounding the growing epidemic of prescription medication abuse. They have launched a campaign entitled *Painkillers Kill More Than Pain*. Maybe you have seen the billboards around town? Their goal is to bring awareness to this tragic problem. They have “formed a community outreach initiative to increase public awareness of prescription painkiller addiction, provide educational resources to schools, students, parents and community groups, and most importantly, to connect those in need with appropriate treatment resources.”

Along with the straightforward billboards, a two-part television series has aired on multiple local networks. The first of the two-part series highlighted the problem here in WNY. It took a close look into the lives of former addicts and interviewed parents who either have children who have struggled or are struggling to get clean. The second part of the series offered help and resources to those who are addicted or their loved ones looking for help battling this addiction. Phone lines were set up and many counselors and addiction professionals were on staff to answer the calls and provide necessary help and resources to the callers.

For more information on prescription medication abuse and for where to find help call us at 716-831-2298 or visit www.painkillerskill.org or www.eccpasa.org.

---

**ECCPASA Staff Take the Lead**

Two of ECCPASA’s staff members were invited to speak at acclaimed events during the months of September and October. Mrs. Helen Weinstein, a Fetal Alcohol and Drug Effects expert, was asked to speak on a national webinar through the Substance Abuse and Mental Health Services Administration’s Fetal Alcohol Spectrum Disorders Center for Excellence to mark National Fetal Alcohol Spectrum Disorders Awareness Day on September 9, 2013. Mrs. Sally Yageric spoke at the 43rd Annual Youth Development Training Conference, which was held in Albany, New York on October 25, 2013. She spoke about the Adolescent Brain – A Work in Progress.

We want to thank both ladies for their hard work and dedication to the ECCPASA mission and for keeping the agency involved on both the statewide and national levels in our field. Congratulations!

---

**Painkillers Kill**

BlueCross BlueShield of Western New York and WNED has partnered to bring awareness to Western New York surrounding the growing epidemic of prescription medication abuse. They have launched a campaign entitled *Painkillers Kill More Than Pain*. Maybe you have seen the billboards around town? Their goal is to bring awareness to this tragic problem. They have “formed a community outreach initiative to increase public awareness of prescription painkiller addiction, provide educational resources to schools, students, parents and community groups, and most importantly, to connect those in need with appropriate treatment resources.”

Along with the straightforward billboards, a two-part television series has aired on multiple local networks. The first of the two-part series highlighted the problem here in WNY. It took a close look into the lives of former addicts and interviewed parents who either have children who have struggled or are struggling to get clean. The second part of the series offered help and resources to those who are addicted or their loved ones looking for help battling this addiction. Phone lines were set up and many counselors and addiction professionals were on staff to answer the calls and provide necessary help and resources to the callers.

For more information on prescription medication abuse and for where to find help call us at 716-831-2298 or visit www.painkillerskill.org or www.eccpasa.org.
New Drugs to Watch For…

Molly

Maybe you’ve heard of Molly? It’s a hot new drug trend with youth around the country. What was originally thought of as a purer form of MDMA, or the street drug Ecstasy, is now being recognized as a dangerous synthetic drug with fatal consequences.

Molly is a hallucinogenic stimulant and is popular among rap stars, pop stars, and college students alike. Molly is now a household name thanks to music stars like Madonna, Miley Cyrus and Kanye West singing about their love of the drug. Of course this intrigued the minds of young people looking for a quick high and a night of fun. While Molly is thought to be a better version of the love drug Ecstasy – users are quickly finding there’s nothing much to love about this drug. Due to its increased popularity, dealers are creating their own version of Molly, one that is not pure MDMA at all, but usually cut or contaminated with other drugs and/or harmful ingredients.

Krokodil

There is another new drug making headlines. This one named after crocodile, the animal, for the green, scale-like spots abusers develop after shooting up. Krokodil originated in Russia and is an opiate drug. Opiate abusers who have run out of funds for prescription opiates and heroin are turning to this dangerous drug for a cheaper high.

Krokodil can easily be produced in the home, yet is toxic to the body every time. The drug is most commonly created with ingredients such as codeine, gasoline, and paint thinner. According to an article published by CBS News, “The finished product isn’t purified and may contain toxic substances left over from the cooking process, which cause tissue damage to the veins and flesh and can result in gangrene, or body tissue that rots and dies.” Cases of Krokodil use are popping up here in the states, with known users in Arizona, Illinois, and Utah.
Under contract with the Erie County Department of Mental Health. Funded by the New York State Office of Alcoholism and Substance Abuse Services, school districts and municipalities throughout Erie County, individuals, corporations and community service organizations. Member agency of the United Way of Buffalo and Erie County.

Thank you for supporting the ECCPASA community efforts!

Please mail your tax deductible contribution to: ECCPASA, 1625 Hertel Ave., Buffalo, N.Y. 14216

Celebrate ECCPASA’s 65th Anniversary!

Please support ECCPASA by donating $1.00 for each year.

☐ $ 65.00 ☐ Other $ ____________________________

Name: __________________________________________

Address: _________________________________________

Phone: __________________________________________

Email: __________________________________________

Or Current Resident

The Erie County Council for the Prevention of Alcohol and Substance Abuse will deliver research driven education, prevention, intervention programs and services to promote and support the health and wellness of individuals, families and communities by focusing on solutions to alcohol and other drug misuse, addiction and unhealthy behaviors.

ECCPASA will provide leadership to fight the stigma associated with addiction through public education, policy awareness, liaison with health professionals and recovering communities, by providing objective information, referral, and linkages to those in need.

ERIE COUNTY COUNCIL FOR THE PREVENTION OF ALCOHOL AND SUBSTANCE ABUSE, INC.

1625 Hertel Avenue
Buffalo, NY 14216

NON-PROFIT ORG.
U.S. Postage
PAID
Buffalo, New York
Permit #940

CANYS
Council on Addictions of New York State