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## Focus on Consequences

FOR THE PREVENTION OF ALCOHOL AND SUBSTANCE ABUSE

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### Focus on Consequences for Adolescents

- Provides a brief educational intervention for those 14 - 21 years old
- Uses Motivational Interviewing in a one-on-one format
- Solution oriented, fitting the needs and situations of each individual
- Two brief sessions—scheduled one week apart and convenient for the client during non-school or non-work hours
  - First session two hours
  - Second session one hour
- Three and six month follow-ups allow for continued client support



## education



### Research proves that the Focus on Consequences for Adolescents Program has been shown to:

- Decrease substance use
- Decrease negative consequences
- Increase life satisfaction

### In order to prevent further justice system consequences, refer youth who:

- Show high-risk behaviors linked to substance use
- Need education about alcohol and other drugs
- Need a better sense of personal risks and responsibilities
- Qualify for an alternative to detention, suspension or expulsion

## referrals

### Referral sources include:

- Attorneys/Judges/Probation
- Counselors/Social Workers
- Parents/Guardians
- Physicians/Health Professionals
- School Administrators/Coaches



## sources

Contact Jan Burns, FOCA Program Director

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