



Did You Know?

February 2017

Did you know that the 2016 “Monitoring the Future” survey results were released?

“Monitoring the Future”, is a study that has been conducted by the National Institute on Drug Abuse, each year since 1975. Approximately 50,000 students from 8th-12th grade are surveyed on their behaviors, attitudes, and values, providing a close look into the trends and prevalence of various drugs.

Some of the results found in 2016’s survey are as follows:

- Teens who live in states where medical marijuana is legal, report higher use of edibles (40.2 percent) compared to those who live in states without such laws (28.1 percent).
- Marijuana use in 8th graders dropped from 6.5 percent in 2015, to 5.5 percent in 2016, while use among high school seniors has increased over the past two years.
- Teens are more likely to use E-Cigarettes, compared to traditional cigarettes, with 5.6 percent of teens not knowing what it is that they are inhaling.
- In 1991 MTF survey showed that 10.7 percent of high school seniors smoked more than half a pack of cigarettes a day. This year the survey indicates, that number has dropped to 1.8 percent.
- Binge drinking (described as five or more drinks in a row within the last two weeks) among 8th grade students, is at an all-time low since the inception of the survey. Down from 13.3 percent in 1991 to 3.4 percent in 2016.
- Over 71 percent of 10th graders think that it is easy to obtain alcohol.
- Teens have reported an overall decrease in use of any illicit drugs, other than Marijuana.



Prevention Works!

Want to see the full survey results?

- Monitor the Future 2016 Survey http://www.monitoringthefuture.org//pressreleases/16drugpr_complete.pdf

Sources: www.monitoringthefuture.org, www.drugabuse.gov

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The Erie County Council for the Prevention of Alcohol and Substance Abuse, Inc., publishes Did You Know, a regular update about alcohol & other drugs - - America's #1 public health problem. ECCPASA • 1625 Hertel Ave., Buffalo, NY 14216 • 716-831-2298 • www.eccpasa.org